

Extra-Curricular Activities 2018-19

Activity name	Day	Staff leading	Time	Room	Students	Description
Art	Tuesdays & Wednesday (week 2)	Mrs Newby	2.50 – 3.50	031	Year 9 & 10	Additional after school support for GCSE Art students in Y9 and Y10
Badminton	Thursday	Mr Oates	2.50 – 4.00	Sports Hall	All	All levels welcome, fun games and coaching.
Badminton GCSE	Tuesday	PE Staff	8.00 – 8.30	Sports hall	GCSE PE	GCSE students- refine skills for Badminton assessment
Bird watching	Tuesday (week 1)	Mr Lord	2.50 – 3.30	004	Year 7, 8 & 9	Did you know that over 252 birds have been recorded in the Leeds area? Would you like to see some of our amazing birds? You can if you join bird watching club and become a PGS Birder! We will be setting up a feeding station, making bird boxes and finding out about lots of different birds in our "Tweet of the week". All in the comfort of room 004!
Book club	Tuesday	Mrs Gough	2.50 – 3.40	Floor 2 library	Year 7, 8 & 9	Come and enjoy talking about the books you enjoy and recommend!
Brave Young Souls	Friday (Week 1)	Mrs Swanson-Hunt & Mrs Harrington	2.40 – 3.25	214	Year 10 upwards	Student led social action projects on anything that promotes equality
Brilliant Club	Monday 12th November	Miss Roberts	2.50 - 3.50	Meeting room	Year 9	An opportunity to work with professors and lectures at University
Cake making	Wednesday	Miss Wilkinson	2.50 – 4.00	134	Year 8 (limited places)	Fancy learning a new skill or just enjoy baking, why not think about joining "cake making". You will have the opportunity to learn new skills whilst making tasty treats.

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Circuit training	Wednesday	Miss Secker/Mis Swailes	8.00 – 8.30	Sports hall	All	Improve your fitness. All levels welcome.
Coding Club	Wednesday (Week 1)	Mr Pugh	2.50 - 4.00	011	All	Whether it's to support your studies, to complete a specialist project for the Duke of Edinburgh award or just out of curiosity, you will look at advanced computer programming techniques to produce games and gadgets as part of a professionally organised team.
Comfort Zone	135	Mrs Smith & Mrs Bremner	Break & Lunch	135	All	A club break and lunchtimes for vulnerable students, a place for them to feel secure and be able to eat lunch and make new friends. Activities are run at various times of the year such as valentine Cards, Easter cards, Halloween masks and Christmas cards. We also run knockout challenges with connect four and Jenga and run a weekly quiz.
NEW! Dance Release (Dance Club)	Tuesday	Mrs Wood	2.50 - 3.50	Dance Studio	All	Release dance is an opportunity for students to create and star in their very own dance choreography, over the spring term. Students who attend will work on creating a performance that will be presented in an Easter studio performance in front of family and friends.
NEW! Drama & Improv Group	Wednesday	Mt Greig	2.50 - 3.50	Drama Studio	All	Enjoy performing? Inspired by your friends in the school production? Keen to try something new and build your confidence? Come give the drama club a try. We will be creating scenes through improvisation as well as looking at trying some scripted scenes finishing with a sketch show at the end of the school year.
Duke of Edinburgh	Wednesday 24 th October	Mr Tierney & Mrs Panteli	2.50 - 3.50	Main hall	Year 9 & Year 12	DofE Bronze is open to all Year 9 students. DofE Gold is open to all Year 12 students. The DofE programme has 4 sections, Volunteering, Physical, Skills and Expedition. Bronze and Gold requires students to do the activities for different lengths of times. Students will be supported in school to complete their

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						DofE electronic records and outside school preparing for the expedition.
Film Club	Tuesday	Mr Syed	2.50 – 3.50	234	Year 7, 8 & 9	Join Film Club to learn about how films are made and then make your own with your friends! We'll have our own Oscar's ceremony for your films!
Football - All	Tuesday	PE Staff	2.50 – 4.00	School pitches	All	All levels welcome. Girls and Boys. Turn up and play.
Football - Yr 7	Friday	Mr Oates	Lunch	Sports Hall	Year 7	Form football competition
Football - Yr 8	Monday	Mr Oates	Lunch	Sports hall	Year 8	Form football competition
Guitar Club	Thursday	Mr McKelvie	2.50 – 3.50	233	Year 7	For year 7 students that already play guitar. To learn and play songs together
Homework Club	Monday - Friday	Mrs Smith/Mrs Bremner (Mon) Mr Forrester (Tues – Fri)	2.40 – 3.30	Library	All	All students welcome. Chromebooks, study resources, books and teacher support available. A quiet space to complete your homework.
Homework Group	Wednesday & Thursday	Ms Sadler	2.40 – 3.40	133	Targeted	A friendly and supportive group for helping with homework
Japanese Club	Thursday (Week 2)	Mr Pugh	2.50-4.00	113	All	Japan has a rich and diverse history and culture. Sharing an interest in the country you will learn to read and write the different forms of script, practice speaking and listening through daily conversation and learning about the different aspects of Japanese life; famous sights and people, popular music and comic books and have the chance to experience Japanese music and cinema in the native language.
LGBT+ Group	Friday (Week 2)	Mrs Swanson-Hu	2.40-3.20	214	All	LGBT+ students and allies welcome to discuss LGBT+, film, literature and culture

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		nt & Mrs Harrington				
NEW! Maths Puzzle Club	Tuesday	Mr Coady	2.50 - 3.50	107	All	Description of the activity: Students have to solve maths puzzles in pairs to unlock a prize chest. There is the opportunity to win sweets/chocolate and puzzle books.
Managing Stress through meditation	Thursday	Mrs Mullan	2.50 – 3.50	Drama Studio	All	This 45 min long class will teach you how to develop mindfulness through guided meditation. Whether it's by reducing stress, improving sleep, increasing focus and productivity, regular meditation can have a positive impact on your mental and physical health.
Music technology	Thursday	Mr Hodge	2.50– 4.30	234	Year 10 (limited places)	Ever wondered about the techniques involved in producing music (of any genre). Interested in what those buttons and dials do in music studios? Fancy learning new software and how to analyse audio objectively? Fancy yourself as Kanye West? Join us in music technology club. No musical ability required!
Netball	Wednesday	Miss Secker/Miss Swailes	2.50 -4.00	Sports Hall/Outdoor Court	All	All levels and all year groups welcome. Improve your skills and competitive game play.
Netball – Yr 7	Tuesday	Miss Secker/Miss Swailes	Lunch	Sports hall	Year 7	Year 7 Netball team only - to develop key Netball skills.
PGFM (Radio)	Tuesday	Mr Syed & Mr Sammons	2.50 – 4.00	234	All	Take part in an exciting relaunch of our very own school radio station PGFM! You'll learn all about radio and get to produce your very own Radio programme that will be streamed live on pgfm.com !
PGS Magazine	Wednesday	Mr Syed	2.50 – 3.30/4.00	234	Year 7, 8 & 9	Be part of the team that captures the best of PGS! It's a great option for people who are interested in journalism and want to help tell our story. Researchers, writers, photographers and designers are all needed. Magazines are printed and distributed to staff, students, parents, visitors and is also available online.

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Photography	Tuesday – Thursday	Mr Baxter	2.50 – 4.30	034	Year 9, 10, 11 & 12	An opportunity for GCSE Photography students to use the school equipment
Product Making	Tuesday & Wednesday	Mrs Nicholson	2.50 – 3.40	037	Year 9	Making products in a range of materials for pleasure
New! Robotics Club	Wednesday	Mr Douglas	2.50 - 3.50	011	Year 7-9	Learn to build and program Lego Robots to complete a series of real world challenges
Scalextric/Hornby Club	Thursday	Mr Charlton	2.50 – 3.50	030	All	Join this club to create and build imaginative and exciting layouts using both Scalextric track and Hornby railway track. You will then be able to race, maintain and repair/upgrade Scalextric cars and run and repair Hornby locomotives and rolling stock; learning great modelling skills.
School Band	Wednesday	Mr Deal	2.50 - 3.50	232	Musicians	A school band designed to give students that already play an instrument the opportunity to perform together
School Production	Tuesday - Wednesday	Miss Wray Mrs Wood Mr Greig Mr Deal Miss Crossland	2.50 – 5.00	Main Hall & Drama Studio	All	The school production is called ‘ Winter Curse’ . We have taken the story of Frozen and added a twist. You will be part of the cast and perform to parents and friends in December. You will take part in singing, acting and movement workshops.
Science Club (Crest Award)	Wednesday	Miss Wong	2.50 – 3.50	Science lab	Year 7, 8 & 9 (Limited places)	The Science Club will be working towards achieving a Bronze Crest Award for running a project which aims to tackle a real world STEM problem.
Strategy & Gaming club	Friday	Mr Pugh, Mr Brigdon & Miss Barnes	2.40 – 4.30	103	All	Almost everyone loves to play games - but do they know how to win? You will join one of the largest clubs in the school to learn, share and play a variety of competitive and cooperative games -

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						such as Warhammer, Pokemon, Chess - meeting others who share those hobbies and learning some strategies to win.
Sustainability Project	Wednesday	Miss Bradshaw	2:50- 3:30	117	All	Sustainability project is about raising the profile of sustainability issues and building the awareness for taking care of our immediate environment and health. The first project will be building a turtle made from the plastic litter collected in school.
Table Tennis Tournament	Thursday	Mr Rand	Lunch	Sports hall	Year 11 boys (Limited places)	If you're not addicted to Table Tennis you soon will be. Please come down for a game. Table tennis is not just a game it's a way of life!
Walk, talk & run	Thursday	Mrs Sadler & Mr Robottom	2.50 – 3.50	Green room/ school field	All	If you think running, exercise and fitness isn't for you, then this is for you! We'll follow the Couch to 5k app, taking you from nothing to being able to run for 30 minutes in 9 weeks, and it really does work. It's not about how far, or how fast, it's just about getting some fresh air, moving your body and having a good chat while we do it. You might even surprise yourself.....
Wildlife Gardening	Tuesday	Mrs Hanahoe & Mrs Scott	2.50 – 4.00	038	All	The Wildlife Gardening Club aims to support you in creating an interactive wildlife garden and greenspace here at Pudsey Grangefield. You will benefit from learning various gardening skills in an outdoor setting and increase their environmental awareness. You will also practice problem solving skills, as the garden will be created by recycling, reusing and upcycling materials that would normally end up in landfill sites.
Yoga & Meditation	Monday	Mrs Mullan	2.50 – 3.50	Sports hall	All	This club is for anyone who wishes to improve their physical and emotional wellbeing. The class offers 45 minutes yoga (at beginner level) followed by 15 minutes of guided meditation. You will need to wear comfortable clothing (socks cannot be worn during the yoga session), water, a sweatshirt or similar for the cool down session.