



Measles is circulating

- We're seeing measles in Leeds
- Measles is extremely infectious and can be serious
- Anyone over 1 year of age needs to have the MMR vaccine
- Ask for the free vaccine from your family doctor (GP) if you, or your children, haven't had 2 doses already
- If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. **STAY AWAY** from GP surgeries and A&E departments – you could spread the illness to others
- Symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms
- Go to [nhs.uk](https://www.nhs.uk) for more measles information

